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# ACADEMIC PEDIATRIC ASSOCIATION

*APA Focus*

The Official Newsletter of the Academic Pediatric Association

Volume 51, Issue 1

February 2014

## PAS 2014

## May 3 - May 6 Vancouver



## Communications Director's Message

Happy 2014 APA members! Congratulations to those of you involved with resident recruitment. The interview season has finally come to an end and Match Day is just around the corner. Good luck to everyone on March 21<sup>st</sup>! At the other end of the trainee continuum, many of our residents are thinking about post-residency plans. Be sure to let your students, residents and fellows know about the upcoming APA-sponsored meetings posted on the new events page on the [APA website](#). The events webpage has links to many of the APA regional meetings occurring over the next two months. Regional meetings serve as a great networking opportunity for trainees and junior faculty. If you haven't participated in a regional meeting in the past, I hope you'll consider attending this year.



Many of you shared special memories of Dr. Joel Alpert describing the truly remarkable impact he had on the APA and child health. A tribute to Dr. Alpert can be found at the end of this newsletter. The [APA homepage](#) has a link to Dr. Alpert's obituary, as well as an article he wrote about the APA and four video clips from the APA Oral History Project.

Barry Solomon  
Communications Director

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Academic Pediatric Association

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## President's Message

Chipping away at CHIP: Why that matters to children (and to us)

We had the annual PAS Planning meeting in Texas last month; this is indeed going to be an awesome meeting in Vancouver. Initially, I was going to write about the APA's role in that meeting, and thank all of you who submitted, reviewed and helped pull together the many plenaries, workshops, platforms, posters and other meetings that comprise that event, but something came up. Please accept the thank you's, please come to the meeting and please keep contributing your talent and expertise. Now, let's talk about CHIP (the Children's Health Insurance Plan).



Probably the best thing to come out the Clinton Administration's attempt to reform the health care system in the 1990s was the State Children's Health Insurance Plan program. By partnering with state governments, the Federal government used CHIP to dramatically expand health insurance coverage for children throughout the country, to the point where, in many places, most children had some sort of health insurance. The "children first" strategy was renewed in 2009, when the CHIP Reauthorization Act (CHIPRA) was signed into law, expanding outreach and funding the development of measures for child health services critical to improving the quality of care that was being funded. Imagine my surprise when, in the course of rolling out the Affordable Care Act, CHIP took a hit. A lot of people felt that, as the Exchanges/Marketplaces rolled out and Medicaid expanded, there would be no further need of a specialized insurance plan for children. Although the child health advocates felt that the transition would result in kids falling off of coverage, we were only partially successful in preserving the program. The final language of the ACA authorized the program until 2019 (good), but only funded it until 2015, encouraging states to move those kids into either Medicaid or the new Marketplaces. As that time gets closer, it is important that we pay attention to how this change affects the children in our care.

We have lots of concerns, such as kids falling off coverage in the transition from CHIP to Exchange, families losing subsidies due to the ways in which family income is calculated to determine eligibility, kids losing benefits because the benefit package is no longer protected by language designed for the needs of children. Fortunately, the AAP (and it's marvelous Federal office), the Public Policy Council and our own Advocacy and Public Policy Committee are all over this. Many APA members contributed to the brilliant supplement on how CHIP has changed how we think about child health quality in November ([http://www.academicpedsjnl.net/issues?issue\\_key=S1876-2859\(13\)X0007-5](http://www.academicpedsjnl.net/issues?issue_key=S1876-2859(13)X0007-5)). The AAP issued a policy brief on this, authored by Andy Racine - a collaborator with our Child Poverty Task Force -which you should read for details. (<http://pediatrics.aappublications.org/content/early/2014/01/22/peds.2013-4059>). Read them. Then you should act:

1. Write an OP-ED to your local paper. Directions on how to do that are here (<http://www.aap.org/en-us/Documents/CHIPop-edguidelinesFeb2014.pdf>). If you want advice or feedback before you submit, email me or our Public Policy and Advocacy Chair Paul Chung ([paulchung@mednet.ucla.edu](mailto:paulchung@mednet.ucla.edu)). We are happy to help.
2. Teach about this to your learners. The Advocacy Training SIG ([http://www.academicpeds.org/specialInterestGroups/sig\\_advocay.cfm](http://www.academicpeds.org/specialInterestGroups/sig_advocay.cfm)) has some ideas on how to integrate this stuff into the curriculum, as does the Education Sub-Committee of the Child Poverty Task Force ([http://www.academicpeds.org/taskforces/TaskForceCP\\_EduSubcommittee.cfm](http://www.academicpeds.org/taskforces/TaskForceCP_EduSubcommittee.cfm)). Both will be meeting at PAS. Check it out.
3. Study how the changes that happen affect the health of a child. As academicians, we choose what we are going to study to reflect our interests. Let's also think hard about how what we study affects the

[Global Health Task Force](#)

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interests of children. How can your research impact policy, particularly when the policy is being implemented in the absence of sound research? That's probably a topic for my next column.

Enough said. Thanks for what you have already done for children. There is lots more to do. What I love about the APA is that I know that you are the people to do it. See you in Vancouver.

David Keller  
President  
Academic Pediatric Association  
[david.keller@ucdenver.edu](mailto:david.keller@ucdenver.edu)

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## Past President's Message

### Midwinter Reflections

The APA lost one of its great pioneers and leaders this month: Joel Alpert. While many have written memoirs and tributes to Joel for this issue of the Newsletter and elsewhere, I feel compelled to add my own thoughts. I also took this opportunity to read some of Joel's manuscripts and writings.



Joel loved the APA! I encourage everyone to read his lovingly constructed history of the APA, which is posted permanently on the APA website. With every word, the reader feels Joel's pride in the APA and in the role he played in forging the APA to become the robust organization for advocacy, research, education and health care delivery in Academic and General Pediatrics that it has become. He wrote, "My involvement with the APA began at the 1962 meeting in Atlantic City. I presented my first paper at a national meeting at the 1965 APA Meeting, and I was elected to the APA Board in 1966, becoming President in 1969. My APA activity continued through regular attendance at annual meetings, as a participant in a number of APA projects, as an APA spokesman regarding federal funding of primary care residencies and workforce issues, and as a continued presenter, frequent commentator, and debater at the annual scientific and business meeting. The APA has been my most important scholarly affiliation". .

Joel loved to debate and discuss at annual APA meetings. He wrote, "Imagine meetings where corporal punishment, formula boycotts, accepting industry funds, abortion, infant auto restraints, nuclear arms, the environment, daycare and Vietnam were debated. ...Imagine an organization in which debate was spontaneous, passionate and entertaining, but not bitter." I believe he was wistful about the development of business meetings that started and ended on time "with little fanfare in between". Joel cared deeply about the name of the APA, and resisted over the years several attempts to change it. However, Joel finally came to accept our name change in 2007 from Ambulatory Pediatric Association to Academic Pediatric Association. Joel wrote to Marge Degnon just last year, "You warned me that one day change would happen, and you were wise and right. I resisted and was wrong... To me, our organization will always simply be the APA!"

Joel was passionate about health care for children and about the relationship between poverty, health care access and health outcomes. He wrote in a NEJM letter, "Health Insurance coverage for all infants, children and adolescents in this country should be a right, regardless of their economic situation. Such coverage must offer high-quality care that is accessible, continuous, comprehensive, family-centered, coordinated and compassionate. We should expect no less of our children" (NEJM 1999;341:917-921). And in *Pediatrics*, (2003;112:713-715) he wrote, "It is unconscionable that the United States does not insure all of its citizens. It is even more unconscionable that the United States does not insure all of its children. There are few, if any, more glaring inequities and disparities in our society. A child with health insurance has a healthier childhood

and becomes a healthier and more productive adult. This should be sufficient in a rational world to persuade people that financial barriers to health insurance and access to care must be removed, but we do not live in a rational world." He cared deeply about continuity of care. He wrote a commentary in *Pediatrics* (2004, 1985-1987) entitled, "Mommy, Who is My doctor?" "We want our patients and their families to know the name of their physician, and we want them to benefit from the repeated and regular contacts that make up continuity of care. Far too many of America's children already lack health insurance. Apparently, too many children also go without their "own" doctor."

Robert Vinci was quoted in an obituary for Joel: "When Joel believed in something, he went after it, and there was nothing that was going to stop him." He really believed that pediatricians should be advocates, that our voices should be heard. "I think the lifeblood of the APA should be advocacy", Joel said in his interview for the 50<sup>th</sup> Anniversary of the APA. In addition to advocating for universal child health insurance, Joel campaigned tirelessly for gun control-and he proudly referred to his position on the National Rifle Association's enemies list. (I checked, and he is still on it. I think I will have to work harder to get on it myself.)

My closing paragraph in tribute to Joel contains some musings on recent activities in firearm injury prevention in children. Since my Presidential speech, I have been asked to present Grand Rounds on the topic of firearm injuries in Philadelphia and Louisville. In each case, I saved a place in my remarks for a recent mass shooting event, and in each case, events occurred within a week of my scheduled lectures. On November 1, 2013, just a few days before my scheduled Philadelphia rounds, a gunman at Los Angeles International Airport murdered a TSA agent and shot two other persons. On December 13, 2013, a gunman murdered a student in a school in Centennial, Colorado; on January 14, 2014 in Roswell, New Mexico, two students were shot in school, one critically injured; and on January 25, 2014, two people were shot to death in a mall in Columbia, Maryland. What is remarkable about these incidents, and other mass shootings that have occurred since Newtown, is that they stirred virtually no official response among legislators and policy makers. It seems that shootings in schools are becoming a part of American culture.

I found a newspaper article in the January 30 edition of the St. Louis Post Dispatch with the headline: "Shooter drill preps teachers, students". The article contains photographs of moulaged students with gunshot wounds running, hiding, and lying on the ground. The exercise is one example of active shooter response training-part of a program for schools established by a new state law. So in Missouri, where I reside, the legislature is debating a law that would make it illegal to enforce any federal gun regulations, but the state has mandated that schools provide shooter response training.

A second article I found was an op-ed by Dana Milbank entitled, Gun Violence: Activists wait for nation to come to its senses. Mr. Milbank described the weekly vigil organized and conducted by a group of Washington, DC women, who meet outside the White House every Monday with signs and conversation to call attention to the gun violence in the United States. They began after the Aurora shooting in July 2012, and have met 77 times on nearly every Monday since. They have vowed to meet weekly until the nation comes to its senses on guns. Are they crazy, quixotically tilting at windmills? Despite the setbacks at the national level and the dearth of meaningful response to shooting after shooting, the women protesters remain optimistic. "We haven't given up hope...real gun control will happen in our lifetime."

While it is easy to become discouraged in today's political climate, I like to take energy from examples like those provided by the women conducting the weekly White House vigil, and by our late former president, Joel Alpert, I am pleased to announce that Barbara Stoll and I will be co-chairing a topic symposium at the 2014 PAS entitled "Firearm Injury in Children: Establishing a Research Agenda". We have invited four superb speakers who will address domains in which research is needed, including epidemiology and risk factors, suicide and unintentional firearm deaths, firearms and personal defense, and the role of pediatricians in counseling patients and families about firearm safety. The symposium will occur on Sunday, May 4, 2014 from 8:00 until 10:00 AM. I hope many of you will be able to attend. I believe that Joel Alpert will be there, encouraging us, the proud members of the APA to tackle tough issues and make our children's environment safer "in our lifetime."

David Jaffe  
Immediate Past President  
Academic Pediatric Association  
[jaffe@kids.wustl.edu](mailto:jaffe@kids.wustl.edu)

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## APA New Members

Welcome to all of the new APA Members!

Ruth Abaya	John Hutton	Claudette Poole
Abigail Adler	Joseph Jackson	Karin Potoka
Shweta Antani	Cornelius James	Carmen Prieto-Jimenez
Meital Barzideh	M. Jawad Javed	Henry Puls
Eyal Ben-Isaac	Dawn Johnson	Jennifer Rama
Aline Bernard	Justin Josephsen	Suchitra Rao
Sarah Boggs	Sunitha Kaiser	Francis Real
Michael Bolton	Paras Khandhar	Anna Reed
Rhea Boyd	Kathryn King	Kimberly Reynolds
Laura Brower	Esther Kisseih	Sarah Riddle
Rebecca Burger	Shanna Knierim	Sarah Ritchie
Karen Burgess	Sangeeta Krishna	Sabrina Sargado
Jalan Burton	Charisse Kwan	Rebekah Savage
Tyrone Chan	Santiago Lopez	Kenneth Schoendorf
Ayesha Cheema-Hasan	Faisal Malik	Jayna Schumacher
Rosy Chhabra	Sara Martin	Elizabeth Seelbach
Christina Luz Cifra	Christa Matrone	Alyssa Silver
Leigh-Anne Cioffredi	Pamela McMahon	Tina Simpson
Mark Corden	Ana Monterrey	Asheley Skinner
Maureen Cunningham	Peter Moschovis	Timothy Smith
Candice Dawes	Jeffrey Neal	Gregory Smookler
Kelly Daws	Joseph Newell	Tamar Springel
Teja Dyamenahalli	Sylvia Owusu-Ansah	Ambreen Syed
Ngozi Eboh	Shobha Pandey	Vidhu Thaker
Norah Emara	Sarika Parasuraman	Michelle Thompson
Jonathan Fish	Eleanor Peterson	Amy Williams
Dustin Flannery	Catherine Pihoker	Janine Young
Nathan Fleming	Jaime Pittenger	Ronen Zipkin
Erika Friehling	Laura Plencner	Daniela Ziskind
Holly Hanson		

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# Upcoming Conferences

## APA Regional Meetings

### [Region I](#)

April 7, 2014  
Amherst, MA

### [Region II & III](#)

March 7, 2014  
Weill Cornell Medical College  
New York, NY

### [Region IV](#)

February 22 and 23, 2014  
Charlottesville, VA

[Click here for more information](#)

[Click here to register/submit an abstract](#)

### [Region V](#)

March 14-15, 2014  
Dayton, OH

You can register for the meeting at the following website:

<https://www.academicpeds.org/secure/meeting/region5meeting/>

### [Region VII & VIII](#)

February 20-22, 2014  
New Orleans, LA

## Quality Improvement(QI) 2014

### **4<sup>th</sup> Annual Advancing Quality Improvement Science for Children's Healthcare Research**

*APA Conference for Pediatric Quality Improvement  
Methods, Research and Evaluation*

*May 2<sup>nd</sup>, 2014, Vancouver, Canada*

### [Quality Improvement 2014](#)

May 2, 2014  
Hyatt Regency  
Vancouver, British Columbia, Canada

[Click here for information and registration packet](#)

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[Pediatric Academic Societies 2014](#)

May 3- 6, 2014

Vancouver, Canada

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July 24-27, 2014

Disney's Yacht & Beach Club Resorts

Lake Buena Vista, FL

[Click here for more information](#)

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## Committees

### Education

#### [APA Education Committee Update](#)

The Executive Committee of the Education Committee met in January and received an update on all major activities within the Education Committee.

- The Educational Scholars Program will be recruiting its seventh cohort of scholars this year starting July 1. The entire ESP curriculum has been revamped and updated. Please see the more detailed update regarding this program in this issue. Contact Connie Baldwin, [constance\\_baldwin@URMC.Rochester.edu](mailto:constance_baldwin@URMC.Rochester.edu), for details.
- The Educational Guidelines for Residency Training Renewal Project: Resources are being collected and updated using a template for each subject area. There is a piloting program to determine the ease of navigation on the website. The website is planned to be updated. Whenever possible, the milestones are being linked and resources for the NAS system developed in this project. Contact Joseph Gigante, [Joseph.Gigante@vanderbilt.edu](mailto:Joseph.Gigante@vanderbilt.edu), regarding this project.

Academic General Pediatrics Fellowship Accreditation Project: This group is planning a pre meeting before the PAS on Thursday, May 1, for two stakeholders: fellows of accredited programs and program directors. The meeting consists of a keynote address, workshops, and works in progress as well as a panel discussion on career planning. The meeting is entitled "Building a Strong Foundation for a Pediatric Academic Career". Contact Teri Turner, [teri.turner@bcm.edu](mailto:teri.turner@bcm.edu), for details.

- Residents as Teacher Curriculum and Website: The group has collated all existing RAT curricula in the literature and synthesized the information. An article entitled "Residents as Teachers Publications: What can Programs Learn from the Literature when Starting a New or Refining an Established Curriculum?" has been accepted for publication by JGME. The next step is to work on setting up the website to post curricula. Contact Steve Paik, [sp793@columbia.edu](mailto:sp793@columbia.edu), for more information.
- APPD/COMSEP News: For the one year leadership development program for PDs (LEAD program), third cohort is being currently recruited. Several active projects are going on under the LEARN program. APPD is in the process of developing a tri-party agreement with NBME and ABP to develop specific learner assessment tools. They have also made progress in their governance structure with sections for PDs, fellowship PDs and coordinators. The fellowship PDs are in close liaison with CoPS. COMSEP and APPD are working together to develop better evidence of student performance in year four and are planning to improve their presence in the AMA FREIDA data base.
- AWARDS: There was a great interest in all award programs of the APA Education Committee. Review committees are all working well and candidates are being finalized. Stay tuned for the winners of the Miller Sarkin Award, the Ray Helfer Award, APA teaching program award and APA teaching faculty awards for junior and midlevel faculty.
- NEW!! Education Committee Meeting at the PAS: We are planning to use the major portion of this meeting to provide opportunities for expert consultation to junior members of the APA for their educational projects. Submissions to have such consultation and to serve as expert consultants will be soon requested by us. Please stay tuned for this notice coming out in early February. We are excited to be able to serve the needs of our junior faculty members. The executive committee of the Education Committee is eager to support this idea and will serve as the review committee for selection of the projects. For more information on this topic, contact Latha Chandran, [latha.chandran@stonybrook.edu](mailto:latha.chandran@stonybrook.edu).

Latha Chandran  
Education Committee Chair  
[latha.chandran@stonybrook.edu](mailto:latha.chandran@stonybrook.edu)

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## Health Care Delivery

Plans Underway for HCD Committee Presentations at PAS

The Health Care Delivery Award will be presented during the APA Presidential Plenary at PAS on Monday, May 5. This year's winner is Dr. Barry Zuckerman and the Department of Pediatrics at Boston Medical Center, Boston University School of Medicine. Dr. Zuckerman and the Department of Pediatrics were recognized for their work in transforming the health care delivery system for children living in poverty through programs such as Reach Out and Read and the Witness to Violence Project. The depth and scope of the programs have been remarkable, disseminated widely and shown the test of time. Come and join us for the presentation.

Plans are underway for this year's Health Care Delivery Committee meeting at PAS. The meeting will be held on Sunday, May 4 from 11:00 am - 12:30 pm. This year we are working on plans for a panel that will explore

*How Pediatrics Will be Represented in the Health Care Delivery System of the Future.* We will have a report from the APA Task force on Childhood Poverty Health Care Delivery Subcommittee and featured speakers exploring how market and policy conditions and payment reform are shifting the landscape for pediatrics. Watch for more information on the list-serve.

Plan to join us Monday, May 5 for the HCD Committee sponsored Topic Symposium on Innovative Models in Pediatric Health Care Delivery. This topic symposium is an extension and broadening of the discussion we began at the SRO 2013 PAS HCD Committee meeting. We'll feature 4 presentations that describe not only the model but feature data on their outcomes to date.

Jane Knapp  
Health Care Delivery Committee Chair  
[jknapp@cmh.edu](mailto:jknapp@cmh.edu)

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## Core Activities

### CORNET



Welcome New Members!

CORNET would like to extend a welcome to the sites that joined in 2013:

Elmhurst Hospital Center - *David Rhee*  
Children's Hospital of Michigan - *Lynn Smitherman*  
Rutgers - Robert Wood Johnson Hospital - *Elizabeth Goodman*  
Jersey Shore University Medical Center - *Janet Schairer*  
Texas Tech University Health Sciences Center - *Tammy Camp*  
University of California, Los Angeles - *Alice Kuo*

Regional Research Chair Recruitment for Region X

We are seeking an APA CORNET member from Region X to serve in this role as a member of the CORNET Executive Committee. Region X represents CORNET members from Alaska, Colorado, Idaho, Montana, Northern California, Oregon, Washington, Wyoming, Alberta and British Columbia.

To apply, please submit your name, your CV and a brief summary describing your interest in serving on the CORNET Executive Committee as a Regional Research Chair. Please submit this information to the CORNET Research Coordinator, Nui Dhepyasuwan at [nui@academicpeds.org](mailto:nui@academicpeds.org).

The CORNET Executive Committee will consider the materials from all interested applicants for this position.

The role of a CORNET Regional Research Chair is to:

Work with the Executive Committee in

- Reviewing submitted research proposals
- Providing research proposal feedback to the submitters
- Determining proposal acceptance
- Attending the annual 1½ day national CORNET planning meeting following the PAS meeting. We have been able to provide 1 night's hotel accommodation for this purpose, however transportation must be available through the member's own institution

Serve as the liaison between the CORNET institutions in your region and the Executive Committee

- Maintain contact through periodic communication with regional residency training programs
- Represent CORNET and present updates at Regional APA meetings
- Recruit additional institutions/practices within your region
- Encourage institutions/practices in your region to participate in new CORNET studies
- Solicit and help generate research study ideas from regional practices
- Communicate with regional practices about upcoming CORNET research studies and recruit interested practice sites
- Assist practices, whenever possible, in the implementation of CORNET research studies
- Help maintain regional lists of pediatric residency programs and notify CORNET office of any changes
- Advise on possible funding opportunities

Ongoing Projects

Here is a brief update on the projects CORNET will be working on in the new year:

-Implementing the practice changes in 14 sites as a part of CORNET's quality improvement project, National Partnership for Adolescent Immunization (NPAI). Currently all sites have been oriented and the Learning Collaborative phase is underway!

-Analyzing data from the Adolescent Immunizations in Medical Home Initiative (AIMHI) and Resident Health Information Technology Survey (RHIT) studies. Expect a feedback report if your site participated in either of these studies!

-Developing manuscripts for submission from the Value of CORNET, Fluoride Varnish, and Bright Futures Oral Health (BFOH) studies.

CORNET at PAS 2014

We are already excited about plans for PAS this year in beautiful Vancouver. Every year we look forward to the collaboration, networking and professional exchange that results from meeting our members face to face. Look for announcements coming soon on the listserv for the CORNET membership meeting, open to all members.

Beth King

Research Assistant

[beth@academicpeds.org](mailto:beth@academicpeds.org)

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The Academic Pediatric Association's Educational Scholars Program (ESP) is recruiting its seventh cohort of faculty and scholars in 2014. The ESP meets for one day before the PAS meeting each year. Scholars conduct a mentored educational research or evaluation project, and complete self-directed intersession modules between PAS meetings. All participants who fulfill these required activities, including completion of a peer reviewed publication or presentation on their ESP project, receive a Certificate of Excellence in Educational Scholarship from the Academic Pediatric Association. A [recruitment flyer](#) and other information are available on the ESP website:

[http://www.academicpeds.org/education/education\\_scholars\\_program.cfm](http://www.academicpeds.org/education/education_scholars_program.cfm)

The ESP aims to help developing faculty educators to build careers around scholarly activities related to teaching, learner assessment, curriculum development, mentoring and educational administration and leadership. Methods in educational evaluation and research are a special focus of our curriculum. Our faculty advisors offer career planning advice, and help scholars develop a well-crafted educator portfolio to support their future applications for promotion and advancement. The ESP is an ideal way for academic pediatricians to gain additional training to succeed as an educator and join a community of other dedicated educators. Scholar Applications: The ESP application website will open on July 1, 2014, and the deadline for online submissions will be October 1. Scholars complete an application, including a 2-page project proposal, and undergo a rigorous selection process. For those interested in applying, get ready now by choosing your mentor and beginning to plan a project for inclusion in your application.

Applicants must submit a letter of support from their mentor, and also a letter from their supervisor that commits to payment of an enrollment fee of \$5500 and permission for the scholar to devote 10% FTE to the program over 3 years (May 2015 - May 2018). All scholars are expected to be or become members of the Academic Pediatric Association. For more information, contact Christen Brown:

[christen@academicpeds.org](mailto:christen@academicpeds.org).

Faculty Roles: ESP faculty enjoy fine networking opportunities and the pleasure of working one-on-one with future leaders in the world of pediatric education. Our current group of 40 faculty serve in the following roles:

- Faculty Advisors are assigned 2 scholars each. They serve as a career coach, with special emphasis on the scholar's educator portfolio, and as the facilitator of the scholar's academic project. Advisors convene on quarterly conference calls and facilitate a discussion with their scholar project group at PAS.
- Cohort Leaders are responsible for managing the recruitment, application review, and monitoring of the scholars in a single cohort. A cohort includes 24 scholars who stay in the program for 3 years. Cohort Leaders are members of the ESP Executive Committee.
- PAS instructors teach scholars at the annual, all-day ESP teaching session at the PAS meeting.
- Intersession Module Leaders plan, conduct, and evaluate one self-directed learning module, which is conducted over a 3 month period, once every 2-3 years.
- ESP Administrators meet monthly as an Executive Committee, setting policy, monitoring program functions, planning future activities, and managing the budget.

The ESP would be impossible without the hard work of its faculty advisors and members of the ESP Executive Committee, who devote many hours to the ongoing success of this program.

New faculty advisors for the incoming cohort of scholars are now being recruited. Previous ESP graduates are welcome to volunteer. ESP faculty are well positioned for future leadership positions in the APA. If you are interested, contact Connie Baldwin at

[constance\\_baldwin@urmc.rochester.edu](mailto:constance_baldwin@urmc.rochester.edu).

Connie Baldwin  
Educational Scholars Program Chair  
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## Regions

### Region I

The U.S. part of APA region I has a significant number of organizations known as pediatric or child health "improvement partnerships" or IPs—and a number of APA members are central to the leadership of these groups. These collaborative organizations are entities that bring together often-disparate public and private interests to work together to improve child health problems at a population level by using quality improvement techniques in care delivery settings. IPs also bridge the gap from pediatric practice to public health, helping the inherently differing interests and perspectives work collaboratively to solve problems. Eighteen states now have active IPs, including 4 of the 6 region I states, Vermont, Rhode Island, Maine and New Hampshire. Connecticut is one of four states nationally that is currently forming an IP.

Improvement partnerships typically bring together the state's maternal child health division of the state health department, the Medicaid office, the academic medical center departments of pediatrics, family medicine and others, the AAP and AAFP chapters, private insurers, and child focused not-for-profits, under one umbrella to work together in measurement-based quality improvement projects in primary care practices or other care settings. The goals of the projects align with known public health issues.

The Vermont Child Health Improvement Program or VCHIP was the very first IP, and was started back in the late 1990s as a collaboration of the Vermont organizations mentioned above, and is housed in the Department of Pediatrics at the University of Vermont, a department chaired by APA-member Lewis First. Judy Shaw, a long-active APA member and APA board member, was the founding VCHIP executive director, and has led VCHIP to become an immensely successful quality improvement organization with close to 50 active and completed quality improvement projects. VCHIP is the model that others around the nation have based their efforts on, and it leads the National Improvement Partnership Network (NIPN). APA member Barbara Frankowski serves as VCHIP medical director. VCHIP has led successful statewide improvement efforts in many areas including preventive services, immunizations, newborn care, and various mental health issues, to name just a few. To get a better sense of VCHIP and the kinds of statewide and national projects it has worked on, take a look at its website: <http://www.uvm.edu/medicine/vchip/>

APA-member Patricia Flanagan, who is the chief of clinical affairs at Hasbro Children's Hospital, heads the IP in Rhode Island. Maine started an IP in 2011, and has so far embarked on projects in immunizations and developmental screening. Maine's IP, ME CHIP, is located at a non-for-profit quality improvement organization. New Hampshire's IP got off the ground in January 2013 with a start up grant from a local foundation, the Endowment for Health. NHPIP is housed at the University of New Hampshire Institute for Health Policy and Practice, but involves many APA members from the department of pediatrics at the Geisel School of Medicine at Dartmouth, including medical director Alison Holmes and steering committee members Keith Loud, Ardis Olson, and Carl Cooley. NHPIP is currently embarking on its first project—to improve rates of developmental screening across New Hampshire.

Region Co-Chairs:

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Alison Holmes  
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Matthew Sadof  
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## Region III

We are looking forward to our upcoming combined meeting with Region 2 in New York City on Friday, March 7, 2014. This year, for the first time, we are pleased to offer a travel award to region 3 member MacKenzi Hillard who is a fellow in Academic Pediatrics at the University of Rochester Medical Center. We are putting together an exciting program and hope many of you will be able to join us!

Region Co-Chairs:  
Cynthia Rand  
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Deepa Sekhar  
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## Region IV

Hello Region IV members,

This is a reminder that our regional meeting is coming up in 1 week! Don't miss out--please register by visiting the 2014 Region IV Meeting website: <https://www.degnon.org/secure/apa/region4meeting/>.

If you registered but haven't yet paid, please visit the website again to input your payment information. The meeting will be Saturday, February 22 to Sunday, February 23, 2014 at the Omni Hotel in Charlottesville, VA.

A few highlights of the meeting line up:

- Keynote Speaker: David Keller, President of the APA
- Keynote Speaker: Bob Hall, Associate Director, AAP Dept. of Federal Affairs.
- Original research and advocacy presentations
- Time for Special Interest Group (SIG)-based working group/workshops: We will have time for two SIG sessions this year to allow for participation in multiple group meetings. On the registration form we ask that you select the top three APA special interest groups you might be interested in participating in. We will be offering a selection of the top-ranked SIGs at the meeting.
- Breakfast with the Professors: Great opportunity for informal mentoring on a variety of topics important to consider early on in an academic pediatric career.

Please don't forget to make your hotel reservations by calling the Omni Hotel directly at 1-800-THE-OMNI.

We are looking forward to seeing you there, Saturday, February 22 to Sunday, February 23, 2014 at the Omni Hotel in Charlottesville, VA. Please email us with any questions.

Regards,  
The APA Region IV Meeting Planning Committee  
Cliff Lee, Kate Connor, Carl Seashore, Melissa Long, John Olsson, Linda Fu and Mike Steiner

Region Co-Chairs:  
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## Region V

It's hard to believe it's already February! I've lived in this Region a long time, and can't remember a winter that's quite been so cold for so long. Well, here are a few things to look forward to as spring approaches.

It's time for our annual Regional meeting on March 14<sup>th</sup> and 15<sup>th</sup> at Dayton Children's Hospital in Dayton, OH. We have a great group of speakers including our next APA president-elect Maryellen Gusic (from our Region, by the way) giving us a workshop on mentorship, Thomas Inge speaking on surgical management of obesity, Patrician Treadwell discussing dematoses in children of color, Ashley Fernandes speaking on reforming medical business ethics, and Andrew Beck discussing social determinants in pediatrics. And to top it all off, we have had an outstanding response to our annual trainee abstract competition this year with 25 entries. There will be a poster symposium and platform presentation at dinner on the evening of the 14<sup>th</sup>. You can register for the meeting via the link below

<https://www.academicpeds.org/secure/meeting/region5meeting/>. The link can also be found on the APA website.

Secondly, Pediatric Academic Societies Annual Meeting in Vancouver, British Columbia, is just around the corner at the beginning of May. The annual Region V breakfast will be held Monday, May 5 at 7am. We hope to be able to mentor our trainees who are presenting posters at the meeting. Last year our region had nearly 60 trainee posters. Mentoring a trainee would involve committing to stopping by the trainee's poster and providing the trainee feedback. We will email the trainee prior to the event to let them know that someone from the Region will be providing them mentorship. If you are interested in being a poster mentor, please let Merrilee or Chris know by via email.

We hope to see you in Dayton in March!

Region Co-Chairs:  
Merrilee Cox  
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Chris Peltier  
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Co-Chair nominations:

Greetings Region 6 members! As we look forward to putting winter and its snow behind us, it is time to look forward to the Regional Meeting at PAS in Vancouver. It is also time to look forward to the election and installation of a new co-chair.

Sharon Wilkerson-Amendell is concluding her 3 year term as a Region 6 Cochair while Donna D'Alessandro and Anita Moonjely, the remaining two Region 6 Co-chairs, are asking for nominations of individuals interested in serving a 3 year term as a Region 6 Co-chair.

Obligations over the term would include:

- Collaborating to organize an annual fall meeting
- Organizing the annual regional meeting held at PAS
- Submitting pieces for publication in the APA Newsletter.

Nominations will be posted to the Region 6 website and disseminated via the Region 6 listserv for review by the Region 6 members. Voting will be conducted anonymously via Survey Monkey this year, starting Monday, February 17<sup>th</sup> and closing Sunday March 2<sup>nd</sup>.

The new co-chair will be announced on March 7<sup>th</sup> and installed at the PAS Regional breakfast in Vancouver. Please consider participation in this regional position with a national organization to advance your career and help educate and guide your peers in Region.

In addition this year, a leadership conference has been developed and is being offered and taught by the leaders of the Academic Pediatric Association. SIG and Regional Chairs are being invited to register for this half day free workshop, on 5/6/14 in Vancouver. A place is being held for the chair-elect.

The Region Spot Light

From the Division of General Pediatrics and Adolescent Health (DOGPAH) at the University of Minnesota: The Divisions of Academic General Pediatrics and Adolescent Health & Medicine made the exciting move of re-uniting in April to become DOGPAH, and Iris Wagman Borowsky took on the division director role.

From Children's Mercy in Kansas City:

Children's Mercy is now designated a Principal Pediatric Teaching Hospital for the University of Kansas Medical Center. This designation is an important recognition of our institutions' growing collaborations in pediatric medical education, and signifies our joint commitment to further enhance the quality and scale of pediatric medical education in the Kansas City area.

Congratulations to Vidya Sharma, longtime APA member, who has been awarded the Lifetime Mentoring Achievement Award from the University of Missouri-Kansas City School of Medicine. Dr. Sharma's mentorship throughout her career has been instrumental to many of our APA members at Children's Mercy.

APA Membership- "Bring a Buddy Home"

We are happy to say that since bringing back "The Region Spotlight" we have had a great response and have received announcements of achievements of our members. These members often want to lift up their colleagues in their institution and share their achievements with the region. In the process of publishing these announcements, we have sometimes discovered that the colleagues mentioned are not APA members and do not have their academic home with us. When this is the case, we are unable to publish their information. Luckily, there is a remedy to that problem.

It is time for Region 6 members to "Bring a Buddy Home"

Share your "Academic Home" with them and encourage them to join today!

So many will benefit from becoming an APA member. Our region is very fortunate to have a large number of active members who are in leadership positions or have been recipients of awards and honors from the APA. They are past-president, committee chairs, SIG chairs and more. They all started out as new members and many have developed into leaders within the organization.

Share your "Academic Home" with them and encourage them to join today! They can start the process by going to the APA website.

Region Co-Chairs:

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Sharon Wilkerson

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## Region VII & VIII

Regions VII and VIII are gearing up for the Southern Regional Meeting in New Orleans, LA, February 20<sup>th</sup>-22<sup>nd</sup>, 2014. The preliminary program can be found at the following link:

<http://www.ssciweb.org/docs/srm2014pre-regform.pdf>.

We look forward to seeing you at this fun and informative meeting. Highlights include the pediatric clinical case symposium, a joint plenary on transitions in care, and our APA sponsored workshops: "Don't Re-invent the Wheel: Sharing Ideas for Community Pediatrics and Advocacy Training" and "An Objective Measure of Parenting Skills for the Pediatrician." New this year, we will be sponsoring awards to trainees with the most outstanding case presentations at the pediatric clinical case symposium. If are planning to attend the meeting and are interested in mentoring posters, please contact one of us using the email addresses below.

In March, look for a call for nominations for new regional co-chairs via email. This 3-year position is a great way to gain leadership skills and network across the APA.

Best wishes for a happy end of winter and a successful spring. As always, please feel free to contact us with any questions about APA activities.

Region VII Co-Chairs:

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Paul Cooper

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Monique Naifeh

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Region VIII Co-Chairs:

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Michelle Stevenson

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## Region IX & X



Region IX and X joined each other once again for the annual Community, Advocacy, Research and Education (CARE) Conference in sunny, Monterey, CA. The meeting was held on January 25 and 26 at the historic naval Post Graduate School with a record turnout of faculty and presenters. During the two day conference, attendees had a chance to network, exchange ideas and support one another. This year, twenty four abstracts and sixteen "works in progress" were presented by medical students, pediatric residents, pediatric fellows, faculty and public health researchers. Topics covered a wide range of interests that included resident education, infant, child and adolescent health, children with special health care needs, as well as local, regional and international advocacy efforts. APA President, Dr. David Keller provided an update on the scope of APA activities and provided perspectives on opportunities to get involved in the APA, and reiterated the broad support for our local regions. Dr. Keller also provided insight into the Affordable Care Act through his talk: "Getting Past the Terrible Twos: The ACA in Year 3". The second day of the conference was highlighted by two outstanding, informative workshops on "How to Develop a Curriculum: the Example of complex care Education" led by Caroline Rassbach and "Networking Session to Discuss Challenges and Solutions when Conducting Research in Community Settings" led by Mandy Allison. Both workshops provided thoughtful skills and techniques to incorporate in clinical practice, research and education.



There were three winners of the Paul Young Travel Award to this year's PAS meeting in Vancouver, B.C. Elizabeth Barnert from U.C.L.A. for her abstract "Understanding protective and risk factors for criminal offending from adolescence to adulthood: a life course perspective", Patrick Peebles from UCSF. for "MyPICS: Photo identification cards of a medical team on an inpatient pediatric ward" and Kaitlyn Bailey also from UCSF for "uTALK: Evaluation of a Mobile Health Program Addressing Speech and Language Delay". The winners will present at our Regional Breakfast on Monday, May 5, 2014 at the annual Pediatric Academic Societies Meeting.



From left to right, Patrick Peebles, Elizabeth Barnert, Paul Young, Kaitlyn Bailey, and David Keller

Hope to see members from all the states covered in our regions at the Regional Breakfast during PAS and at our Regional Meeting next year!

Region IX Co-Chairs:

Gina French

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Larry Yin

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Region X Co-Chairs:  
Mandy Allison  
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Dean Sidelinger  
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## Special Interest Groups

### Continuity

Dear co-Conti colleagues:

January: the beginning of a New Year, but also the beginning of the end... That is, for your seniors. This is the time we should all be thinking about transition planning for their patients.

There are several articles in the literature about this process, and combined with some of the collective wisdom of the task force, we can recommend that you at least think about the following things:

1. Start early - The residents may not see certain patients again before the end of their residency, so it might be wise to get them to start saying goodbye. It is best if they can frame it positively - what experiences are they going to be moving toward as they leave the clinic ("I'm going to be specializing in Cardiology" or "I'm joining a practice" not "I've got to leave")
2. Splitting up the patients - Patients with complex medical or social needs may need a more specific plan than those who are relatively straightforward. The senior and family may choose a specific current PGY1 to take on the case, instead of leaving it up to random assignment of an incoming intern; with any luck, the PGY1 will be working with the same attending as the senior, so that there is some continuity there. Perhaps a summary of the patient's main medical and social issues could be a part of the final note that the senior resident writes for the patient. On that final visit, the senior should also use the tools of the EMR to change the PCP manually.
3. Making it patient-centric - Patients do want some input into the resident who will be seeing them. While we talked about a little more TLC for CYSCHN above, other families may have specific preferences about their provider or their appointment times. Honor these if possible.
4. Writing a letter - It is nice to get a warning about the fact that the doctor is leaving. After Match day, you can provide the seniors with a template to alter, including positive language as to why the resident is leaving, that the clinic is still available to care for them, and perhaps even an introduction to the incoming intern that will be taking up the bulk of their practice.
5. Reassigning patients - Some of the EMRs can do an automatic switch ("PCP Swap") from old provider to new. We have personally successfully accomplished this in Centricity, and in Epic.

If you have any other tips, remember that we do have a Wiki where you can start a thread about this topic... See the last newsletter for more on this topic.

And for the next newsletter, look for more details on our upcoming PAS meeting - which will be on the morning of Tuesday, May 6. Be sure to plan your plane tickets right!

All the best, and keep warm.

SIG Co-Chairs:

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John Mark Olsson

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## E-Learning in Medical Education



As the New Year begins, we would like to wish you a wonderful 2014 with lots of inspiring moments and productivity in your academic work!

E-Learning SIG Co-Chairs are determined to better serve to the APA e-learning enthusiasts. Therefore, we decided to meet monthly to coordinate and collaborate on e-learning projects. Our discussion also included where the focus of e-Learning SIG activities should lie over the next 12 months. While we will provide occasional e-learning sessions to the APA members, we also have a collaborative research plans in the following areas:

- E-Learning current practices in pediatrics and needs analysis
- E-Learning instructional design
- E-Learning quality improvement and standards

If you have any interest in the research areas, please let us know.

Agenda for 2014 e-Learning SIG

Date: Tuesday, May 6, 2014

Time: 9:00 am - 12:00 pm

Course Number: E-Learning in Medical Education (TBD)

Location: Vancouver Convention Centre (Room# TBD)

Meeting # 6

Co-Chairs:

- Kadriye O. Lewis
- Michal Cidon
- Erik Black

Time	2014 e-Learning SIG Agenda Items
9:00 - 9:20	Welcome, introduction, and overview of e-Learning SIG Activities (Presenters: Kadriye O. Lewis; Michal Cidon; Erik Black)
9:20 - 9:50	Title: Leveraging e-Learning in Pediatric Education (Presenters: Kadriye O. Lewis; Michal Cidon; John Mahan; Teresa Seto)  Description: Despite the increasing demands and use of e-learning in medical education, research and literature on this topic is in its early stages. We will present a systematic database review of published studies in the field of e-learning in pediatric training between 2002 and 2013. We will also discuss the neglected areas in the implementation of e-learning in pediatric instruction.
9:50 - 10:20	Title: Keeping Students Engaged in E-Learning -Lessons from Asia (Presenter: Ashok Deorari)  Description: Moodle learning environment is used for continuing professional development courses on sick newborn and neonatal nursing in Asia. The greatest challenge in e-Learning is to maintain interest of students for entire 3 month course duration. Various methods adopted to keep online mentors and students engaged in learning will be discussed.
10:20 - 10:30	Break (10 minutes)
10:30 - 10:55	Title: Apps in Newborn Health: Sharing Smart Phones For Improving Knowledge and Skills of Health Care Professionals (Presenters: Anu Thukral; Ashok Deorari; BV Adkoli)  Description: Apps is a term used to describe Internet applications that run on smartphones and other mobile devices. Mobile applications usually help users by connecting them to Internet services more commonly accessed on desktop or a notebook. It helps the user to run and utilize internet on their portable devices. We would share technical expertise required for development and also share the efficacy of this device based application in improvement of knowledge and skills of health care professionals working in small hospitals. We shall also share the learners satisfaction assessed on Likert's scale and in a focus group discussion.
10:55 - 11:55	e-Learning SIG Sponsored Workshop  Title: Evaluating Pedagogical Affordances of Web 2.0 Technologies (Presenters: Kadriye O. Lewis; Michal J. Cidon)  Description: Web 2.0 technologies (free or open source) have evolved over the last decade and provide a wealth of opportunities for learners to engage in content creation thereby supporting high-order, authentic learning and assessment techniques. To support this generation of proficient Web 2.0 users, medical educators need to carefully assess the pedagogical affordances of Web 2.0 tools. This workshop is designed to help medical educators assess the following pedagogical affordances of Web 2.0 technologies:  1) Availability 2) Utility 3) Connectivity 4) Collaboration 5) Content creation and editing 6) Information sharing
11:55 - 12:00	Wrap-Up and Closing

#### Recent Publications in E-Learning in Medical Education

Jain, A., Petty, E. M., Jaber, R. M., Tackett, S., Purkiss, J., Fitzgerald, J., & White, C. (2014). What is appropriate to post on social media? Ratings from students, faculty members and the public. *Medical Education*, 48(2), 157-169.

Klein, M., Niebuhr, V., & D'Alessandro, D. (2013). Innovative Online Faculty Development Utilizing the Power

of Social Media. *Academic Pediatrics*, 13(6), 564-569.

McLaughlin, J. E., Roth, M. T., Glatt, D. M., Gharkholonarehe, N., ME, L. M. G., Esserman, D. A., & Mumper, R. J. (2014). The flipped classroom: a course redesign to foster learning and engagement in a health professions school. *Acad Med*, 89.

Swan, K. (2013, December). ENHANCING E-LEARNING EFFECTIVENESS. In *Leading the e-Learning Transformation of Higher Education: Meeting the Challenges of Technology and Distance Education* (p. 77). Stylus Publishing, LLC.

#### Educational Web Tools

The Top 10 Best eLearning Game Templates in 2013

<http://elearningbrothers.com/the-top-10-best-elearning-game-templates-in-2013/>

Find informative presentations about the use of ePortfolios at

[http://c.ymcdn.com/sites/www.aaeebl.org/resource/collection/084AD1A5-B4A1-4BC7-8F17-829EC1791DE6/The\\_Power\\_of\\_ePortfolios\\_CAPLA\\_Workshop.ppt](http://c.ymcdn.com/sites/www.aaeebl.org/resource/collection/084AD1A5-B4A1-4BC7-8F17-829EC1791DE6/The_Power_of_ePortfolios_CAPLA_Workshop.ppt)

#### Upcoming Conferences and Workshops - 2014

- Doctors 2.0 & You at Paris, France. June 5-6, 2014.  
<http://www.doctors20.com/register>
- Association for Authentic Experiential Evidence-Based Learning (AAEEBL) Annual Conference at Boston, MA. July 28-31, 2014.  
<https://aaeebl.site-ym.com/?page=2014annualconference>
- Medicine 2.0 '13 Summit/7<sup>th</sup> World Congress at Maui, Hawaii. Nov 13-14, 2014.  
<http://www.medicine20congress.com/>

To learn further about educational technology and related education conferences, please visit <http://www.elearnhub.org/education-technology-conferences-january-june-2014/>

Call for Presentations about e-Learning:

Please note the following deadlines in your calendar.

- Medicine 2.0 2014 (*Abstract deadline*: March 12, 2014) -  
<http://www.medicine20congress.com/ocs/index.php/med/med2014>

Our e-Learning SIG mission is to create a supportive network for medical professionals with an interest in e-learning and exploring hands-on practical ways to implement e-learning in their own institutions. We are inviting all of you to share your knowledge and experiences on trends, ideas and best practices in e-learning in pediatrics.

SIG Co-Chairs:

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Kadriye Lewis

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The SIG leadership is delighted to announce that we have completed our nomination/election process and our next co-chair will be Rachel Boykan, Assistant Professor of Pediatrics, Stony Brook University School of Medicine, and director of her institution's evidence-based pediatrics training program for the pediatric residency. She will begin her three year term at the end of the annual APA EBP SIG meeting in Vancouver on May 5, 2014. She will replace Hans Kersten, Associate Professor of Pediatrics, Drexel University College of Medicine, who completes his second three-year term this year. Rachel has regularly presented her work at the EBP SIG as well as led workshops on EBM at both PAS and APPD. In addition, she has published at MedEdPortal an EBM curriculum she co-developed.

Our annual SIG meeting will take place at PAS in Vancouver Monday from 8:30 to 11:30 am, May 5, 2014. We have finalized our program for that meeting. Co-chair elect Rachel Boykan and Maribeth Chitkara, both from Stony Brook University School of Medicine, will present "Lessons Learned from Developing an EBM Curriculum (An Anecdotal Journey)."

Jordan Hupert, from the University of Illinois College of Medicine at Chicago will present on "Team-Based Learning and Evidence-Based Medicine."

James McCormack, from the University of British Columbia will present "How to Critically Appraise an RCT in 10 Minutes."

Terry Klassen, CEO and Scientific Director at Manitoba Institute of Child Health, will present his work on "TREKK (TRanslating Emergency Knowledge for Kids): A National Mobilization of Pediatric Emergency Medicine Evidence to General Emergency Departments in Canada."

Tom Newman, from the University of California, San Francisco will present "Translating and Disseminating an Evidence-based Approach to R/O Sepsis in Newborns-Our Experience with the Kaiser Neonatal Sepsis Risk Calculator."

A brief business meeting will follow the presentations and will include an introduction of the new co-chair Rachel Boykan, plans for next year's co-chair election, and discussions about inter-meeting SIG efforts.

Please contact the co-chairs Hans Kersten at [hans.kersten@drexelmed.edu](mailto:hans.kersten@drexelmed.edu) or Bob Jacobson at [jacobson.robert@mayo.edu](mailto:jacobson.robert@mayo.edu) for more information, and please visit our SIG's web pages at [http://www.academicpeds.org/specialInterestGroups/sig\\_evidence\\_based\\_medicine.cfm](http://www.academicpeds.org/specialInterestGroups/sig_evidence_based_medicine.cfm) to access the latest resources for EBM teaching and practice. Particularly useful resources for educators and clinicians alike include our collection of EBM online resources including the following:

- EBM MedEdPortal publications of note
- EBM web sites of note
- EBM calculators
- Free Access Sources to EBM reviews
- Search engines and indexed medical literature
- Pediatric EBM CAT sites

In addition, the SIG has used its wiki pages at <http://www.academicpeds.org/APAWiki/Wiki.cfm> to organize board-exam style questions concerning EBM. You do not have to be a member of our SIG to utilize these resources. Furthermore, we would love to get your opinion as to how we can make these web pages a better resource to you.

SIG Co-Chairs:  
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## Faculty Development

The Faculty Development SIG will be meeting on Saturday May 3, 2014 from 8:30-11:30 am. Our program this year will feature Jennifer O'Toole from Cincinnati Children's Hospital. She will be providing us with training on how to use the IPASS tool for transitions of care and more importantly how to engage our faculty in using the methodology. Please join us for this important session that will be stimulating, educational and practical. We hope to see you in Vancouver.

SIG Co-Chairs:  
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## Family Centered Care

Dear APA FCC SIG members,

We are excited to share plans for the upcoming Family Centered-Care (FCC) Special Interest Group (SIG) at PAS 2014 in Vancouver. Last year we provided an overview in how patients and families can be involved to promoting FCC. This year we are going to explore how we can impact medical and trainees education with the theme: "Keep It in the Family: Using Family as Educators in Patient and Family-Centered Care" with special guest, Janice L. Hanson, with extensive experience in working with Family Faculty to promote medical student education. We have an exciting panel of physician discussants and Family/Parent Faculty with experience in family involvement during Patient and Family Centered Rounds and small group exercises using previously developed tools that will help participants develop Family Faculty Program in their institution. The Family/Parent Faculty have been trained to participate in educational activities with medical students, residents and nurses to promote Patient and Family Centered Care. We hope the discussion generates continued interest and new research ideas! We welcome your thoughts and questions -- please email us anytime: Snezana Nena Osorio [snm2001@med.cornell.edu](mailto:snm2001@med.cornell.edu), Mike Weisgerber [mweisger@mcw.edu](mailto:mweisger@mcw.edu) or Heather Toth [htoth@mcw.edu](mailto:htoth@mcw.edu).

We look forward to our upcoming meeting on Sunday, May 4<sup>th</sup> from 8-11am in Vancouver. We appreciate your interest in this forum to exchange experiences and ideas to establish a network that enables further research in FCC!

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## Medical Informatics and Electronic Health Records (EHR)

A Happy New Year to all of you! Our thanks to those who responded to our survey last fall. The results have been very helpful in helping us plan our upcoming PAS session, and also in understanding the needs and desires of our group. A few quick facts: most of us work in the outpatient areas (76%), have been in practice greater than 5 years (79%), have not had any formal training in informatics (89%), and have no definite plans of receiving more training (over 50%). If you are interested in an informatics fellowship however, check out our SIG WIKI on the APA site. Erika Abramson has written a quick primer on Informatics fellowships. We also heard from you how you wish to receive regular updates through the newsletter and by email about SIG activities and Informatics topics. We are pleased to inform you that PAS planning is well underway and we anticipate a highly instructive session. We have invited three CMIO's to provide us with their perspective on the future state of pediatric electronic health record systems, point-of-care clinical decision support resources, and how health information technology policy will affect our future care. Our guest speakers include:

Marvin Harper: Senior Associate Physician in Medicine, Chief Medical Information Officer, Associate Professor of Pediatrics, Boston Children's Hospital. With specialties in both Pediatric Infectious Disease and Pediatric Emergency Medicine, Marvin has written about and worked on IT solutions to improve patient care delivery in the pediatric emergency room setting.

Troy McGuire: Chief Medical Information Officer, Medical Director for Medication Safety, Seattle Children's Hospital. With over 17 years of diverse practice experience, including primary care in disadvantaged communities, neonatal and pediatric critical care transport, and pediatric hospitalist in an academic setting, Troy's focus has been on improving the safety and efficiency of care delivery in the complex, tertiary environment of a Children's hospital. Troy is being honored as one of four finalists in the AMIA Provider Innovation in Informatics (Pi<sup>2</sup>) Award for his work on NEDOCS (National Emergency Department Over Crowding Score). The award honors providers who are pioneering ways to bring informatics out of academia and into healthcare delivery. It will be presented on January 31 in Orlando at the iHealth 2014 conference.

Feliciano Yu: Chief Medical Information Officer, St. Louis Children's Hospital, Associate Professor at the Department of Pediatrics, Washington University in St. Louis, School of Medicine. He maintains clinical practice as a pediatric hospitalist at the St. Louis Children's Hospital. Pele's primary focus lies in the intersection of health informatics, outcomes research and quality of care. In 2012, he served in an AHRQ Subcommittee on Quality Measures for Children's Healthcare to review children's health care quality measures.

Kudos as well to Emily Webber, who is also one of the finalists in the AMIA Provider Innovation in Informatics (Pi<sup>2</sup>) Award for her work on a Pediatric Venous Thromboembolus (VTE) Screening and Prophylaxis Tool at Riley Hospital for Children.

We are very excited that over half of you plan to attend the upcoming PAS session in Vancouver this May. Please note that our SIG session will be on Sunday, May 4, from 12 to 3 pm. Details on room location will be forthcoming. As a quick preview of the agenda, we will have a plenary session featuring our speakers, followed by a panel discussion led by our chairs on a variety of informatics topics (mobile health, pediatric

registries, big data and predictive analytics, pediatric informatics research). While the deadline for submission of abstracts to the general PAS session has passed, we would like to provide a venue for any unaccepted informatics work. We wish you all a great start to 2014. See you in May in Vancouver!

SIG Co-Chairs:

Erika Abramson

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## Pediatric Emergency Medicine

The field of education is undergoing a massive wave of innovation in the light of technological advances such as simulation, online learning and the recent emphasis on competency based metrics of learning. At the Pediatric Academic Societies meeting in May 2014, the Pediatric Emergency Medicine (PEM) Special Interest Group will discuss the impact of these educational advances on Pediatric Emergency Medicine.

Specifically, we will discuss the following:

1. PEM Mock Codes' evolution from skill maintenance to patient safety/quality intervention;
2. The complexities of training for disaster medicine;
3. Novel uses of educational technology for teaching component skills;
4. Establishing an education career in pediatric emergency medicine; and
5. The power of collaborative education networks, highlighting the International Network for Simulation-based Pediatric Innovation, Research, and Education (INSPIRE).

We look forward to seeing you there and contributing to this exciting discussion.

SIG Co-Chairs:

Kathy Boutis

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Martin Pusic

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# Announcements

## APA Taskforce on Childhood Poverty

### Overview:

The APA Task Force on Childhood Poverty was formed in July 2012 to bring the voice of pediatricians to the critical issues of childhood poverty in the United States. Since then, the Task Force has engaged leaders in pediatrics from throughout the US and Canada, and endeavors to address childhood poverty at its root through four paths: Health Care Delivery, Research and Data, Public Policy and Advocacy, and Education. Present leadership of the APA and the AAP are part of the Task Force, as well as 13 previous APA/AAP Presidents, policy and research institute leaders, and 37 other pediatric leaders. The entire Task Force has been meeting in person once a year at PAS, supplemented by conference calls during the year.

Please check out our Strategic Roadmap as well as membership listing and resources at <http://www.academicpeds.org/taskforces/TaskForceCP.cfm>

### Pediatric Academic Societies (PAS) Meeting in Vancouver

Our 2<sup>nd</sup> State of the Art Plenary Session on Childhood Poverty will be held at PAS on Saturday, May 3, 2014 from 2:45 pm to 4:45 pm. In consideration of the untimely death of Joel Alpert, former President of both the APA and the AAP (and a member of the Task Force), whose career focused on the needs of low-income children and families, the Plenary will be held in his honor. Please make sure to attend this exciting session, co-sponsored by the APA and the AAP. The agenda is:

State of the Art Plenary Session on Childhood Poverty at PAS 2014  
Benard Dreyer, Paul Chung, and Jim Perrin are co-chairs.

Childhood Poverty and Its Consequences: Potential Solutions

*Benard P Dreyer*

*New York University School of Medicine, New York, NY*

The Role of Policy and Parental Employment in Reducing Childhood Poverty and Improving Children's Well-Being

*Carolyn J. Heinrich*

*Lyndon B. Johnson School of Public Affairs, U of Texas at Austin*

The Canadian Experience: Targeted Child Tax Benefits and Impact on Child Well-Being

*Kevin Milligan*

*Vancouver School of Economics, University of British Columbia*

Welfare Reform, Pregnancy Delay and Other Strategies to Decrease Intergenerational Poverty

*Ron Haskins*

*Brookings Institution*

School Reform and Beyond: Improving the Educational Outcomes of Low-Income Children

*J. Lawrence Aber*

*NYU Steinhardt School of Culture, Education, and Human Development*

Changing the Standard of Pediatric Practice: A Clinical Model that Recognizes and Effectively Treats Adverse Childhood Events and Toxic Stress in Children

*Nadine J. Burke*

*Founder and CEO, Center for Youth Wellness, San Francisco, CA*

### Subcommittees:

Four subcommittees have been set up to effectively move the strategic agenda forward:

- Education
- Health Care Delivery
- Research/Data
- Public Policy and Advocacy

Reports from the Health Care Delivery Subcommittee and the Education Subcommittee follow.

### Health Care Delivery Subcommittee:

The Health Care Delivery Subcommittee of the Task Force on Child Poverty began its work with two phone calls in the beginning of January. Based on the conversations that took place among the members, and following the guidance of the Task Force's Strategic Road Map

([http://www.academicpediatrics.org/taskforces/pdfs/StrategicRoadMap\\_ver3.pdf](http://www.academicpediatrics.org/taskforces/pdfs/StrategicRoadMap_ver3.pdf)), the subcommittee agreed to focus on defining and presenting the key elements that should be included in models of healthcare delivery for children living in poverty, such as screening tools, parenting programs, Reach Out and Read and enhanced social and community supports and linkages. The group also agreed that a set of guidelines should be developed for providers. The recommendations for key elements in healthcare delivery and the guidelines developed should be as evidence-based as possible. In order to tackle these goals, the subcommittee has identified 3 main areas to be addressed by separate working groups:

1. At the practice level: Identify key components and best practices of excellent systems of care for children living in poverty. Identify the important practice connections with support programs (e.g., ROR, Health Leads, parenting groups, home visiting, medical-legal partnerships). Summarize the evidence base for patient-centered medical homes, and recommend additional medical home components that are needed for impoverished populations.
2. At the patient-provider level: Create a toolbox of evidence-based screening tools for social determinants of health. This will include much overlap with efforts on behalf of other vulnerable groups (e.g., foster care children), and will require review and consideration of what is already available that is applicable to our effort (e.g., trauma-informed care, the Health Home model, Bright Futures, AAP toolboxes, materials from MCHB, etc.). This group will also define recommended provider training standards (e.g., knowledge and skills in health literacy, use of tools and resources, etc.). Health literacy considerations will also be of importance.
3. Finance/Payment Systems: How should practices that are designed around the needs of poor families be made financially stable / viable? What are the optimal financial and payment systems to support the essential elements of care for children living in poverty?

At a minimum, we expect that the subcommittee's work will result in a "white paper" with guidelines for pediatricians that can also be used in advocacy/lobbying work, a workshop for PAS 2015, and possibly a training module for pediatricians.

We expect to set up a meeting time for our subcommittee at PAS in Vancouver, and we will be participating in the APA Health Care Delivery Committee meeting this year (Sunday, May 4 11-12:30), so please join us! Like the Task Force, membership in the Childhood Poverty Health Care Delivery Subcommittee is open to all interested APA members - please contact us if you are interested in participating.

Arthur and Joanne

Arthur H. Fierman

[Arthur.Fierman@nyumc.org](mailto:Arthur.Fierman@nyumc.org)

Joanne E. Cox

[Joanne.Cox@childrens.harvard.edu](mailto:Joanne.Cox@childrens.harvard.edu)

### Education Subcommittee:

We are thrilled to update you on the exciting developments of the APA Taskforce on Childhood Poverty's

Education Subcommittee. Our group is committed to "building a national curriculum to empower physicians to contribute to the elimination of childhood poverty and the alleviation of its effects."

The subcommittee's diverse and energetic members self-selected into four workgroups based on their interests and experiences. The workgroups met independently to develop goals and objectives around these four key components: 1) the epidemiology of US poverty, 2) the social determinants of health, 3) the biomedical influence of poverty and 4) advocacy and leadership to address poverty. These initial goals and objectives are currently being refined and restructured into two goals with three corresponding objectives by a team of nine educators. We expect to share the final version on the APA's Wiki by mid-February. The next step is development of educational experiences and activities that will allow educators to teach the next generation of physicians about the impact of poverty and their role in addressing it.

We are very excited to develop and evaluate this innovative curriculum to establish best practices for teaching learners across the educational continuum about the impact of poverty on health outcomes.

Hope you and your families are enjoying this cold winter!

Lisa and Melissa

Lisa Chamberlain

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Melissa Klein

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APA Task Force on Childhood Poverty Co-Chairs

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Paul Chung

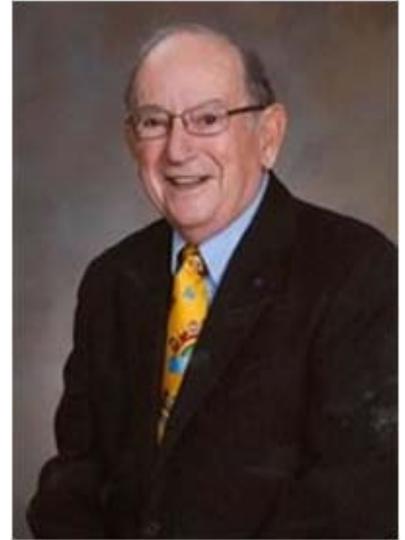
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## Joel Alpert Tribute

The APA Remembers Dr. Joel Alpert

Joel J. Alpert, MD, of Palm Beach Gardens, FL, Wayland, MA and East Parsonsfield, ME. Professor and chair Emeritus of the Boston University School of Medicine (BUSM) Department of Pediatrics, assistant dean for student affairs, member of the BUSM Dean's Advisory Board (DAB), and chief of Pediatrics at Boston Medical Center (BMC) died Tuesday, December 31, 2013 of leukemia at the age of 83, born on May 9, 1930. Beloved husband of Barbara (Wasserstrom) Alpert. Devoted father of Norman Alpert and his wife Jane of Purchase, NY, Mark Alpert and his wife Michelle of Canton, Deborah Levin and her husband Steven of Wellesley. Adored grandfather of Caroline, Erin, Heidi, Adam and Natalie Alpert, Joshua and Zachary Levin and Samantha Alpert. Dear brother of Edith Slossberg and her husband Burton of Hamden, CT. Also survived by many nieces and nephews. Dr. Alpert was a recognized leader in pediatrics. During his 42 years at BUSM and BMC (and its precursor Boston City Hospital) he pioneered pediatric primary care training, including continuity clinic sites at community health centers and the development of a curriculum that emphasized child development, advocacy and community care. BUMC's pediatric resident training in primary care in health centers was among the first in the United States. A graduate of Hillhouse High School, New Haven, CT Class of 1948, Yale College Class of 1952 and Harvard Medical School Class of 1956. Dr. Alpert completed his residency at Boston Children's Hospital and also trained as an Exchange Registrar at St. Mary's Hospital in London, UK from 1958 until 1959, he then served as Captain in the US Army at Ft. Leavenworth, KS from 1959 to 1961 and joined the Harvard faculty in 1961. He became professor and chair of the Department of Pediatrics at BUSM and Boston City Hospital in 1972. Dr. Alpert served as president of the American Academy of Pediatrics (AAP), where he received the AAP Job Lewis Smith Award in Community Pediatrics in 1994. He also served as president of the Ambulatory Pediatric Association (APA) and received the APA George Armstrong Award in 1992, the APA Lifetime Career Achievement Award in 2000, and the APA Public Policy and Advocacy Award in 2002.



[To read his full obituary please click here.](#)

[To read Joel's article on the history of the APA please click here](#)

Joel Alpert on the APA:

- [Tell us about the early days of the APA.](#)
- [Has the APA been successful, in your opinion?](#)
- [What has been the key to the APA's success?](#)
- [Where in your mind has the APA's advocacy been most successful?](#)

The following stories and memories are from Dr. Alpert's APA friends, former trainees and colleagues.

*It is with great sadness that I have learned of Joel's passing. I just got his seasons greeting card where he told me of his health concerns. I sent him a response and truly grieved to hear of his passing. Joel was a life long mentor to me, from my first days in the APA in 1976. His influence, advocacy for children, for training in general pediatrics, for the APA, and so many other passions, he became he was a blazing scion for how*

*important we pediatricians are in the life of children and families and pediatric trainees. I had the honor of awarding him The George Armstrong Award during the spring APA meeting in 1989, concluding my Presidency of the APA. He was truly overwhelmed with that honor, and I remember how much it meant to him, and certainly to me. Our meetings will never be the same with his absence. We had many shared passions, and it will just not be the same. My love to Barbara, his children and Grandchildren. We should all carry on our good work, as individuals and as an organization, with his passion deeply burning in our hearts and minds.*

-Steven Shelov

*An amazing person with a commitment to children and to training pediatricians to care for children, especially those who came from less advantaged situations. Even as a high school student in New Haven, he was an amazing person. As a teacher and an advocate, Joel has done so much for pediatrics and pediatricians.*

-Muriel Wolf

*Wonderful pediatrician, and great role model. He will be missed, but his legacy will remain with us.*

-Carol Lilly

*He was a real mensch and an amazing advocate for children. I would rate him as one of the giants in pediatrics.*

-David Kaplan

*He was truly a giant and hero in so many ways.*

-Janet Serwint

*How sad, the "giants" are leaving us one by one. I remember at the 30th APA anniversary none of the previous APA Presidents had died, many have died in the past 20 years. My son David who is now a dermatologist had the good fortune of working with Joel during the "Tobacco Wars" of the 1990s. I believe Joel wrote a support letter for David's application to medical school (he ended up at Duke).*

-Jack Pascoe

*I will miss Joel. Whenever we saw each other at PAS, we exchanged warm hugs and checked in on each other's health as cancer survivors. He loved to assert contrary views and was not afraid to speak his mind - often! We first met when I chaired a Healthy Start review committee back in the early 90's. He complimented me with a slight air of surprise that I had done a good job. Goodbye Joel.*

-Lisa Simpson

*I am so glad I got to see Joel in May. He was a major inspiration for me, as for so many others. The conscience and guiding star of our organization for so many years. Very big shoes to fill;*

-Kathi Kemper

*I had the opportunity to know Joel best when he was president of the AAP and he attended the annual Association of Medical School Pediatric Department Chairs (AMSPDC) meetings as an AAP leader and not the Chair of Pediatrics at BU. When I was President of AMSPDC, Joel and I often talked about the joys and frustrations of being a pediatric chair. He gave me lots of practical advice that I value even today when I am no longer a chair. He was the first person to tell me that it is important for a leader to know when to step down as a leader, an idea I had never considered until I talked to him, a wise man. Joel was also a very capable tennis player. He always clobbered me!*

-Marianne Felice

*It is easy for me to remember my first interaction with Joel Alpert. During my year as President of the American Medical Student Association I had heard many things about him from our sources on Capitol Hill and in the various federal agencies with which we worked. They described his energy, his innovations in pediatrics and pediatric education and, most importantly, his passion regarding access to healthcare for poor children. After all of the good things I had heard, I couldn't wait to meet him. From practically the first minute*

*of his time with a group of us applying for a residency position at Boston City Hospital (BCH), he announced that it was outrageous that the US did not yet have a national health program to provide health care for all. And off we went!*

*Ultimately I did my training at BCH during the last years of Dr. Alpert's time as Chair of the Pediatrics Department. On top of the practice of pediatrics ("Don't forget to percuss the chest!"), we were taught that advocacy -- at the individual, local, state and national levels -- was essential to addressing the varied issues faced by our patients. Conferences were not only a time to share clinical and research information, but also a time to hear legislative updates as well.*

*I feel thankful for Joel's consistent mentorship, opinionated politics, passionate advocacy and playful sense of humor. He took me under his wing and helped me with my first research efforts. He was a giant in the field and an inspiration for so many of us.*

-Cindy Osman

*APA members who trained after 1990 or outside of the Boston area may not recognize Joel Alpert's name. Joel was one of the true seminal thinkers in the literature of primary care. His 1973 monograph, *The Education of Physicians for Primary Care* (coauthored with Evan Charney) set a primary care education agenda that remains relevant today. He was ever a fierce advocate for children and mentored a generation of general pediatric leaders. He will be missed by all who learned from him and his exemplary pediatric career.*

-Mort Wasserman

*Dr. Alpert was an extraordinary child advocate. He was not one to mince words when it came to sticking up for the health and wellbeing of children and families. He was an early APA President who made sure that advocacy was part of the mission. I had the honor of conducting a video interview of him for the APA Oral History Project three years ago. When we were done taping he paused and then said he felt he wasn't articulate and strong enough in the interview and wanted to do it again. Of course we did. I hope you can see clips of his video interview on the APA website.*

-Tina Cheng

*Words are simply not enough, but here are some that come to me. Dr. Alpert was a true voice for children and an inspiration for many cohorts of pediatricians—a man deservedly on a pedestal, though he did not seek one. His influence will remain though I shall greatly miss his presence among us.*

-Modena Wilson

*Joel Alpert was the Jiminy Cricket, the conscience, of the pediatric community. He was never shy about expressing his frustration at the slow progress we were making toward universal health care for children. We needed to sprint and not walk leisurely toward this end. And he was not hesitant to berate those who hurt children by cutting programs such as Head Start and Food Stamps. He will always be my role model. It was an honor to work with him and host him at my home during his visit to California during his AAP presidential campaign. His voice will continue to echo at our PAS meetings: "Alpert, Boston." His message and passion will stay with me always.*

-Carol Berkowitz

*In 1980, two female residents from Puerto Rico applied for a PG2 position in Boston on a reduced schedule arrangement (2 residents in the same position, each half time and a total of 2 years to complete it). Both were mothers who wanted to be pediatricians and required a different kind of training that would fit their needs and that of their young families. Three program directors considered the application and one was the brave one, the learner-centered and the innovator. That program director was Dr. Joel Alpert. We enjoyed every minute of Boston City Hospital training under his leadership and will always be grateful to him and his dedicated faculty for the best and most rewarding pediatric training that we experienced. Thank you Dr. Alpert!*

-Luisa Alvarado

Joel Alpert was a grand, active, and convincing leader of the Academic Pediatric Association - and of pediatrics in general. So many of us read time and again the tremendously influential report on training primary care physicians that he and Evan Charney developed so many years ago. Its relevant themes and ideas still can guide the best work we do. Joel kept a vigorous eye out for Title VII funding - and admonished any APA leader who might shirk the responsibility of vigorous advocacy for this program. His focus on the right health insurance for children and families set standards for what we still work to achieve. Joel trained so many leaders in general pediatrics - and was always available for guidance and advice - not always taken, but always interesting. We will miss his presence, but will always remember the cadence of his voice reminding us and all around about what children, families, and communities need and must get.

-Jim Perrin

I am deeply saddened by the death of Joel. He was a very good friend who was an advocate for all my struggles to create a health care delivery system geared towards primary health care for the poor at Montefiore Medical Center, Albert Einstein College of Medicine in Bronx, New York. He provided me with much appreciated guidance and support in establishing a program for primary health care education and training of medical students, residents, and other health care professional in this medical facilities. My deepest condolences to Barbara and Family I will miss Joel dearly.

-Mutya San Agustin

Founding President, Philippine Ambulatory Pediatric Association, Inc

We, the current officers and members of the Philippine Ambulatory Pediatric Association, Inc. (PAPA), a professional medical society, founded in 1994, with its founding President and past members of the Board of Trustees are deeply saddened by the demise of our good friend, colleague, and supporter, Dr. Joel Alpert. We would like to express our sincerest and deepest condolences to Barbara and his loved ones.

Dr. Joel Alpert was our keynote speaker and main plenary lecturer during our 5th Annual Conference, in 2000. He was an honorary member of our organization. We have very fond and wonderful memories of Joel's and Barbara's visit to the Philippines. He was not only an engaging speaker but a warm and sincere person. Even years after that conference, some of us would meet him at annual meetings of the AAP and APA, and he would always have a ready welcoming smile, never forgetting us, his Filipino friends. He was well loved and respected. We will surely miss Joel.

-Florianne Feliza F. Valdes

President, Philippine Ambulatory Pediatric Association, Inc.

Joel loved the APA and called it his most important professional organization. On the APA website there is a history of the APA that Joel wrote. It contains remarkable facts and personal stories as well. It is a loving and personal account. I can remember the meetings when at the membership meeting, there would be true debates on the floor. I will never forget Joel's passionate defense of the organizations name at the time. We may have outgrown our former name, but we could never outgrow Joel's devotion to the mission of the APA.

-Dave Jaffe

If you haven't his article describing our origins, please do- we still keep a link on the website (<http://www.academicpeds.org/aboutUs/APAhistory.cfm>). In his telling of our story in 1995, one can hear Dr. Alpert's passion for children, particularly the children living in poverty, in Boston and throughout the country. I met Joel in 1991, when he invited me to think about a job at the old Boston City. Turned out he didn't have a job to offer, but I learned much about how to be an effective advocate for children in that one day mentoring session and we remained in touch over the last 23 years. Dr. Alpert has supported the careers of many of us in the APA, always with an eye to making us better doctors, better researchers, better educators and ALWAYS better advocates for children. Our thoughts and prayers are with his family and his colleagues throughout the country. He will be missed.

-David Keller

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## Global Health Task Force

The APA Global Health Task Force has developed a consensus statement on faculty competencies needed to provide clinical service, research and teaching and administration in global settings. The statement, which was drafted by APA Global Health Task Force members from the Academic Pediatric Association, the Association of Pediatric Program Directors, the American Academy of Pediatrics, the Canadian Pediatric Society, and the Programme for Global Pediatric Research, is now available for comment. Please click [here](#) to review the draft statement. Comments and suggestions should be sent to the Chair of the Global Health Task Force at the address below.

Submitted by  
Ruth Etzel  
[retzel@earthlink.net](mailto:retzel@earthlink.net)

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## Mind-Body Announcement

Free mind-body recordings available from The OSU Center for Health and Wellness

According to the National Institutes of Health and National Center for Complementary and Alternative Medicine, mind-body therapies focus on the interactions among the brain, mind, body and behavior. The mind can affect physical functioning and promote health. Additionally, mind-body therapies can help reduce stress and its side effects, many of which can be life-threatening.

Four types of mind-body therapies include guided imagery, heart-centered practices, mindfulness and Relaxation Response. Dr. Kathi Kemper, Director of The Ohio State University's Center for Integrative Health and Wellness, and her colleagues at OSU have developed free resources related to these four areas of therapy, which are now available online at no cost.

Using the online library, more than 40 recordings can be streamed or downloaded for instant access to mind-body instruction. Created especially for beginners, the recordings are brief, yet effective, and give step-by-step coaching to evoke calm and relaxation. Additionally, the recordings are designed for a diverse audience in a variety of circumstances, from surgery preparation to forgiveness to sleep.

Visit [go.osu.edu/integrativehealth](http://go.osu.edu/integrativehealth) to listen to or download the mind-body recordings. (Files are located under their appropriate category on the "Services" page.) Or follow the direct links below:

[Guided Imagery](#)

[Heart-Centered Practices](#)

[Mindfulness](#)

[Relaxation Response](#)

The OSU Center for Integrative Health and Wellness was established in 2012 to improve human lives through innovative integrative healthcare, education, and research. The Center encourages personalized, participatory, relationship-based care, promoting optimal health. It emphasizes healing of the whole person to achieve each individual's unique physical, emotional, mental, spiritual, and social health goals.

For additional inquiries please contact:  
Julie Roth  
Associate Director for Community Engagement

Submitted by  
Kathi Kemper  
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## Research in Academic Pediatrics Initiative on Diversity (RAPID)

LATEST NEWS: APA RESEARCH IN ACADEMIC PEDIATRICS INITIATIVE ON DIVERSITY (RAPID), SPONSORED BY NIDDK

### 2014 APA RAPID Scholars Selected

The APA is delighted to announce the selection of the 2014 class of scholars for the APA Research in Academic Pediatrics Initiative on Diversity (RAPID), sponsored by the National Institutes of Diabetes and Digestive and Kidney Diseases (NIDDK).

RAPID's goal is to recruit, retain, and provide career development and advancement for diverse junior faculty in general academic pediatrics pursuing careers in NIDDK mission areas. RAPID targets applicants who are underrepresented minorities, disabled, or from a socially, culturally, economically, or educationally disadvantaged background. The program, which includes both a research project and career development activities, consists of: 1) research grants of up to \$15,000 for projects in NIDDK mission areas (pediatric obesity, nutrition, and/or sickle cell disease); 2) pairing of the RAPID scholar with a national mentor who is an accomplished senior investigator and seasoned mentor; 3) in-person mentoring and networking at an annual breakfast at the Pediatric Academic Societies meeting; 4) an educational symposium on career development and academic success, including mentoring and networking with leading researchers; and 5) RAPID Scholar telephone conference calls every two months, to provide peer support, peer mentoring, networking, a venue for presenting research in progress, and opportunities for potential research collaborations. Additional information on RAPID is available at:

[http://www.academicpeds.org/research/research\\_YIA\\_RAPID.cfm](http://www.academicpeds.org/research/research_YIA_RAPID.cfm)

The 2014 RAPID Scholars are:

Suzanna Martinez  
Postdoctoral Scholar, UCSF  
Project title: "Development of a culturally appropriate tool for assessing bedtime routines and sleep hygiene in preschool-age Latino children" Mentor: Michael Cabana  
Department Chair: Dona Ferriero



Thao-Ly Phan  
Academic General Pediatrics Fellow and Assistant Research Scientist, Nemours Alfred I. duPont Hospital for Children and Thomas Jefferson University  
Project title: "Psychosocial risk, adherence, and outcomes in pediatric obesity treatment"  
Mentor: Anne E. Kazak  
Department Chair: Jay S. Greenspan



Jennifer Woo Baidal

Instructor in Pediatrics, Harvard Medical School and Boston Children's Hospital

Project title: "Early life risk factors for non-alcoholic fatty liver disease in children"

Mentor: Elsie M. Taveras

Chair: Gary Fleisher



The 2014 RAPID Scholars were chosen by the RAPID National Advisory Committee (NAC), six highly accomplished and nationally renowned researchers and mentors, along with the RAPID Director and Co-Director. The RAPID NAC members are:

Benjamin Caballero

Professor of International Health and Population, Family, and Reproductive Health

Johns Hopkins Bloomberg School of Public Health

Michael DeBaun

Professor of Pediatrics and Medicine

J.C. Peterson Chair in Pediatric Pulmonology

Director, Vanderbilt-Meharry Center for Excellence in Sickle Cell Disease

Vanderbilt University School of Medicine

Elena Fuentes-Afflick

Professor and Vice Chair of Pediatrics

Professor of Epidemiology and Biostatistics

University of California, San Francisco (UCSF)

Chief of Pediatrics, San Francisco General Hospital

Rafael Perez-Escamilla

Professor of Epidemiology (Chronic Diseases)

Director, Office of Community Health

Yale University School of Public Health

Elsie Taveras

Chief, Division of General Pediatrics

Director, Pediatric Population Health Management

MassGeneral Hospital for Children

Associate Professor of Pediatrics

Harvard Medical School

Jason Wang

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Congratulations to 2014 class of APA RAPID Scholars!

[APA RAPID Holds First Annual Fall Mentoring and Career Development Conference](#)

RAPID held its first annual Fall Conference in Grapevine, Texas, on December 12-13, 2013. This exciting conference included a panel discussion on keys to success for young investigators, a speed-mentoring

session, a reception and dinner, research presentations by the 2013 RAPID Scholars, one-on-one mentoring sessions, and a hot topic presentation and discussion led by the young investigators. In addition to the three 2013 RAPID Scholars, conference attendees included six additional talented and accomplished young investigators (including a resident, a fellow, and several faculty) from across the country chosen by the RAPID NAC from a strong application pool of 18 candidates. Conference attendees included:

- Patricia Castillo, USC (2013 RAPID Scholar)
- Rochelle Cason-Wilkerson, University of Colorado
- Brandi Kaye Freeman, University of Colorado
- Marquita Genies, University of North Carolina
- Diana Naranjo, UCSF (2013 RAPID Scholar)
- Adebowale Odulana, Medical University of South Carolina (2013 RAPID Scholar)
- Candice Taylor-Lucas, UC Irvine
- Raquel Vargas-Whale, University of Utah
- Ingrid Walker-Descartes, Maimonides Medical Center/NYU



Photo: 2013 RAPID Fall Conference attendees, including young investigators, 2013 RAPID Scholars, RAPID NAC members, and the RAPID Director and Co-Director.

A post-conference survey revealed uniform agreement that the conference was valuable for young investigators, and comments which included, "the mentoring was phenomenal!" and "one of the best conferences I have attended."

The 2014 RAPID Fall Mentoring and Career Development Conference will be held in December 2014 in Grapevine, Texas. Eligible attendees include junior faculty, fellows, and residents who are members of an underrepresented minority group, disabled, or from a socially, culturally, economically, or educationally disadvantaged background, and who are committed to a career in academic general pediatrics. The call for nominations for the 2014 RAPID Fall Conference will be issued in October 2014, with a November 2014 deadline for submission of nomination materials. For more information, please contact Allison Hartle at [Allison@academicpeds.org](mailto:Allison@academicpeds.org).

Submitted by  
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